

Foothill Force Jump Rope Team Practice Schedule 2019-2020 at FIS gym		
WEDNESDAYS 4:30–6:30 pm	SATURDAYS 7:30–9:30 am	Total Hours
September 4, 2019	September 7, 2019	4
September 11, 2019	September 14, 2019	8
September 18, 2019	September 21, 2019	12
September 25, 2019	September 28, 2019	16
October 2, 2019	October 5, 2019	20
October 9, 2019	October 12, 2019	24
October 16, 2019	October 19, 2019	28
October 23, 2019	October 26, 2019	32
October 30, 2019	November 2, 2019	36
November 6, 2019	November 9, 2019	40
November 13, 2019	November 16, 2019	44
November 20, 2019	November 23, 2019 No Practice	46
November 27, 2019 No Practice	November 30, 2019 No Practice	46
December 4, 2019	December 7, 2019	50
December 11, 2019	December 14, 2019	54
December 18, 2019 No Practice	December 21, 2019 No Practice	54
December 25, 2019 No Practice	December 28, 2019 No Practice	54
January 1, 2020 No Practice	January 4, 2020 No Practice	54
January 8, 2020	January 11, 2020	58
January 15, 2020	January 18, 2020	62
January 22, 2020	January 25, 2020	66
January 29, 2020	February 1, 2020	70
February 5, 2020	February 8, 2020	74
February 12, 2020	February 15, 2020	78
February 19, 2020	February 22, 2020	82
February 26, 2020	February 29, 2020	86
March 4, 2020	March 7, 2020	90
March 11, 2020	March 14, 2020	94
March 18, 2020	March 21, 2020	98
March 25, 2020	March 28, 2020	102
April 1, 2020	April 4, 2020	106
April 8, 2020	April 11, 2020	110
April 15, 2020	April 18, 2020	114
April 22, 2020	April 25, 2020	118
April 29, 2020	May 2, 2020	122
May 6, 2020	May 9, 2020	126
May 13, 2020	May 16, 2020	130
May 20, 2020	May 23, 2020	134
May 27, 2020	May 30, 2020	138
June 3, 2020	June 6, 2020	142
June 10, 2020	June 13, 2020	146
June 17, 2020	June 20, 2020	150
We do not practice on the shaded days.		